

ADVENTURE

F A Y E T T E C O

Winter Passport





THIS PASSPORT
BELONGS TO:

SCHOOL:

GRADE:

TEACHER:

HOW IT WORKS!



DO FUN STUFF!



EARN POINTS!



WIN COOL PRIZES!

Get 60 points to enter.

**2023 Winter Passport will be distributed
the week of February 6th
and collected the week of March 20th
at your child's school.**

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Got Questions?



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[@adventurefayettecounty](https://www.facebook.com/adventurefayettecounty)



[@adventure_fayette](https://www.instagram.com/adventure_fayette)





Protective Factors

A risk factor is anything in your child's life that may lead them to problem outcomes like drug use. Risk factors include lack of supervision, poor grades, and family substance use. To lower your child's likelihood of drug use, Adventure: Fayette County makes it our goal to engage your child in activities that promote Protective factors, such as: quality family time, emotion regulation tactics, confidence building, and more!

A photograph of a man and a young girl sitting together, reading a book. The man, on the right, has dark hair and is wearing a blue and white plaid shirt over a white t-shirt. He is looking down at the book with a focused expression. The girl, on the left, has curly brown hair and is wearing a white top with ruffled sleeves. She is also looking at the book. The background is a bright, out-of-focus indoor setting with white window frames. A purple rounded rectangle is overlaid on the top of the image, containing the title. Another purple rounded rectangle is overlaid on the bottom, containing a paragraph of text.

Positive Family Time

Our activities encourage children to spend uninterrupted time with the people they love, free of distractions like phones and other screens. Quality time between a child and their family is important to their growth and allows children to grow an understanding and consideration for the thoughts and feelings of those around them.

points **5**/**10**



NO SCREEN SATURDAY!

Can you go all day without TV,
phone, computer or video games?
Can your family do it too?

DATE:

Just Me
(5 points)

Whole Family
(10 points)

6



5 points



FLASHLIGHT TAG

One person is "it" and tries to spot their friends hiding in the dark by using a flashlight.

DATE:

WHO DID YOU PLAY WITH:

7



5
/
10 points



READ WITH ME

Read to a family member or have a family member read to you.
Bonus points for reading outside.

WHAT DID YOU READ:

WHERE:



3 points
each day

DINNER TOGETHER

Have dinner with your family
3 times in one week with no
screen time.

DATE:

DATE:

DATE:

9

A woman and a young child are hiking through a snowy forest. The woman, on the left, is wearing a blue puffer jacket, light blue pants, and a grey beanie, and has an orange backpack. The child, on the right, is wearing a blue puffer jacket, a colorful knit hat, and pink mittens. They are walking on a snow-covered path with snow-laden branches in the background.

Positive Physical Development

Adventure: Fayette County has created activities that will get your child moving in a way that's fun for them; play is no stranger, and new adventures can be found on every activity page! You'll find that many activities present in the pamphlet also promote healthy eating habits and good sleep routines, both of which are essential to a growing child.

points

5



WINTER NATURE WALK

Being in nature is relaxing.
Try walking in your own
backyard or at one of the trails
on the next page.

MY BACKYARD

DATE:



10 points
each place



MILL CREEK, ANSTED

DATE:

NEEDLES EYE, OAK HILL

DATE:

BABCOCK STATE PARK

DATE:

Scan here for
directions to
these trails:



12



points

3

BIRD WATCHING

What kind of birds do you see outside? Can you name them?

Draw one here:

FEBRUARY 2023

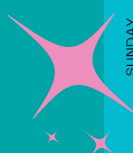


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					



Try to spend 15 hours outside.

MARCH 2023



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26

points

15



Write in your time outside on
the calendars above.



15

A photograph of two young girls sitting at a table in a library. The girl on the left has long black hair and is wearing a blue top with a pink headband. The girl on the right has long brown hair and is wearing a green and blue patterned top. They are both looking down at a book or document on the table. The background is filled with bookshelves containing many books.

Sense of Community

Our activities have a goal to make your child feel as though they belong within their community. The strong sense of community your child grows will make them feel safe and welcome in their neighborhood, and feel important to the place they live in. Included inside are activities that encourage your child to learn about people and places present in your community and connect with the world around them.



HELP YOUR NEIGHBOR

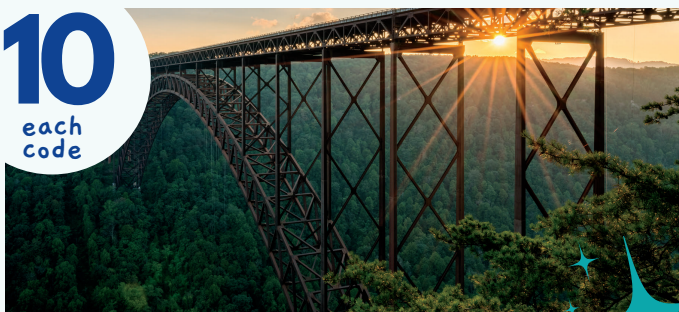
Do something nice for your neighbor. Write what you did:

ENTER THE CODE

points

10

each
code



VISITOR CENTERS

There are 3 visitor centers, and
6 libraries in Fayette County.

Fayette County

Fayetteville

Canyon Rim

ENTER THE CODE



10 points
each code

& LOCAL LIBRARIES

They each have a code at their information desk.

Meadow Bridge

Fayetteville

Mount Hope

Oak Hill

Ansted

Montgomery

point **1**
each box

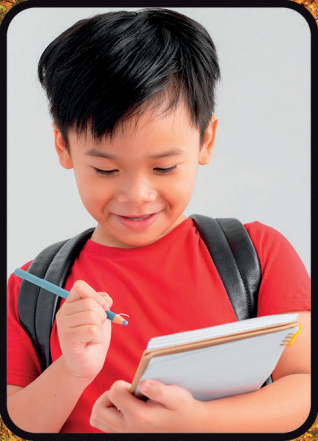


ACTS OF KINDNESS

List 3 acts of kindness,
and then go do them:



Self-Efficacy



Self-efficacy is a child's belief in themselves and their ability to achieve a goal. Our adventure activities encourage your child to take safe risks and grow the persistence and hard-working attitude needed to achieve their goals. Ultimately, this will help your child learn to take failure in stride and persist through their tough times simply because they believe they can.

points

3



TRY A NEW FOOD

Try a new fruit or vegetable.
What is your favorite?

DATE:

WHAT DID YOU TRY:


points

3
/
6



LEAF NECKLACE

Collect leaves outside. String yarn through holes in the leaves to create a necklace.

Extra points if a parent posts a picture of your necklace at @adventurefayette on  or .

DATE:

23



3 points

MEASURE THE SNOW

DATE:

INCHES OF SNOW:

If there is no snow,
try this craft →

points

3
/
6



BARK RUBBING

Place paper against the trunk of a tree and rub the crayon over the paper to make a print of the bark pattern.

Extra points if a parent posts a picture at @adventurefayette.

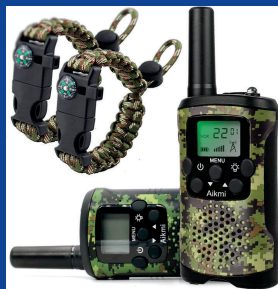
DATE:

25

GRAND PRIZES



2 20" BIKES



2 WALKIE TALKIES

**TOTAL
PASSPORT
POINTS:**

Must have 60 points to be entered into prize drawings. Drawings will take place the week of March 27th.

PRIZES

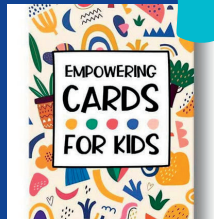
More prizes we are giving away:



2 FISHING POLES WITH TACKLE BOXES



1 BINOCULARS



2 MINDFULNESS CARDS



1 MULTI-SPORT BALL SET



1 SLAMMO GAME SET



1 KOOSH BALL GAME

12
Chances
to WIN



Parent Survey

Adults can win a prize too!

When they complete this survey:



bit.ly/2023WinterPassportSurvey

they will be entered to WIN
a \$50 Pies & Pints Gift Card!



Our Partners and Sponsors include:



Fayette County
Health Department



**Fayette County
National Bank**



Adventure: Fayette
County
is a committee of the
Fayette Prevention
Coalition



Hope you had a fun winter!

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